# The Weekly News

BROADHURST SCHOOL NEWSLETTER 1/18TH JUNE 2021

# DEAR PARENTS,

#### CORONAVIRUS

You may have been made aware of reports of an increase in cases of COVID-19 in some local schools. I have spoken to the Head at St Marys who has confirmed that they currently have a number of confirmed cases in the school, mostly in Year 6 but some children as young as Year 3.

As a precaution, they have closed the school for a few days to put in place a 'fire break' and are expecting to be open as usual on Monday. In all the confirmed cases at St Mary's, the children have displayed mild symptoms or have been asymptomatic. This clearly brings home the importance we must place on continuing with our preventative measures as well as responding quickly with a test, should your child feel at all unwell.

#### **CONCERT PREPARATIONS**

We are almost ready to share our performances with you next week. The teachers and children have worked very hard to produce the shows and we look forward to welcoming you to your allocated performance. I have always believed that if you bring your umbrella, you probably won't need it- let's hope this is the case next week.

#### **DESTINATION SCHOOLS**

If there have been any recent changes to the schools that your children are moving on to in September, please do let us know. We have a safeguarding duty to keep accurate records of where children move onto and we rely on receiving this information from yourselves to keep our files up to date.

#### HALF DAY CHILDREN MOVING TO FULL DAY

It has been wonderful to hear such positive feedback from parents regarding the information we have shared this week for children moving up to Full Day in September.

I hope the children will enjoy the videos they have received from their new teachers. We have exciting times ahead! If you have any questions about the transition to Full Day, please do not hesitate to contact us for further information.





#### WONDERFUL CLASSROOM SETUPS







## SCREEN TIME

#### **BY MISS BELZER**

It has recently been reported that more than a quarter of three-year olds spend up to four hours a day in front of television, smartphones or tablets.

Interventions to reduce screen time may have a better chance if introduced early. Looking at screens for extended periods of time may have an impact on children's intelligence, sleep, mental health, diet, behaviour and vision. It has been advised that children do not use screens at meal times or before bed.

Recommendations have also been formulated in the first ever WHO guidelines on physical activity, sedentary behaviour and sleep for children below the age of five.





#### AGE UP TO ONE

'More is better' for physical activity, 30 minutes of daily tummy time, no sedentary screen time (watching TV or videos) and between 12 and 17 hours of sleep – including naps.

#### AGE ONE

No sedentary screen time (watching TV and videos), 180 minutes of daily physical activity and between 11 and 14 hours of sleep – including naps

#### AGE TWO

No more than one hour of sedentary screen time. 180 minutes of daily physical activity and between 11 and 14 hours of sleep – including naps

#### AGE THREE AND FOUR

No more than one hour of sedentary screen time. 180 minutes of daily physical activity and between 10 and 13 hours of sleep – including naps



# CLASS 3 NEWS

#### **BY MISS DIANE**

This week in Class 3 we have been enjoying the warm weather outside, washing the vehicles in the tuff tray with water and sponges. We also practised our balancing skills walking across the coloured stepping-stones without any help from an adult! We were a great help at watering the plants and took it in turns to water them with a watering can. Another fun activity was popping bubbles!





### DURING CIRCLE TIME...

we looked at photographs of our Daddies and talked about why they are special to us. We listened to the story 'My Little Star' about a Daddy Fox and made a surprise card for our Daddies for Father's Day on Sunday. We had a lot of fun doing foot painting as the paintbrush was very tickly on our feet. It was the first time we had done footprints before so was a new experience for everybody in Class 3.



# IN MATHS...

we have been practising making two colour repeated patterns with shapes, and our story of the week was 'Animal Boogie'. We made cheetahs and tigers this week decorating them with spots and stripes as we continue our pattern topic. Our new sound was 'd' and we learnt a new song about it.





We are looking forward to lots more learning next week!