

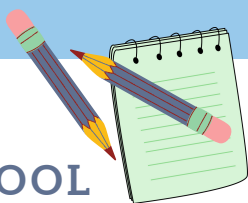


The Weekly News

BROADHURST SCHOOL NEWSLETTER | 21ST JANUARY 2022

DEAR PARENTS,

This week has flown by, and School has been a hive of activity as always. This morning, we have visited each other's classrooms to see the exciting activities set up for the children when they arrive. I would liken what I saw to a sweet shop window- I have a terrible sweet tooth! Exciting and enticing- I have no doubt the children will start their day today with enthusiasm for what is on offer to them as welcome activities.



PREPARING FOR A NEW STAGE OF SCHOOL

It is inevitable that our Full Day parents are thinking about the next step for their children after Broadhurst, particularly as the children have had many school visits recently. Although we would love to keep the children here for many more years, for many of you, the Broadhurst journey will come to an end this summer and your children will be moving onto their next schools.

There are plenty of things you can do to gently prepare your children for this transition, to ensure it is as smooth as it can possibly be.

Helping children to feel confident in themselves will help enormously when meeting new people and making new friends. At school, the children have continuous opportunities to develop their skills of taking turns, listening to each other, following rules and boundaries. This all helps prepare children for the transition to school.

STORYTELLING WEEK

30 January- 4 February 2022



The teachers got their creative juices flowing in our professional development staff meeting this week. We are looking forward to encouraging children to tell stories through different activities and sharing our own stories with them throughout the week. The teachers are also looking forward to telling stories to children in other classes around the school to add to the fun.

Take time to stop and stare with your child- watch the leaves fall from the trees, the postman collect letters from the post box, the water in the bath swirling down the plug hole. Talk to them about what they see and help them understand the world they live in by answering their questions, even when they have asked a hundred already that day!

Everyday ordinary activities are the building blocks of communication and will support children learning to read and write.

Encouraging your child's independence will, in turn, build their self-esteem. Try buying shoes and clothes with fastenings, they will be able to master. Helping around the house should be encouraged even if basic chores take longer, for example, setting the table and clearing up their toys.

Much of this will be second nature to you as a parent and you will no doubt be doing most of these things already, but it is a good time to take stock.

Mrs Sylvester



LAUGHTER

BY MISS BELZER

A sense of humour is something that develops and changes as a child gets older, rather than something they are born with as a result of their DNA. As such, it is important that babies and young children are given every opportunity to enjoy laughter and, while doing so, have fun with those around them.

There are many benefits of laughter including:

- Developing self-esteem
- Helping to improve problem solving skills, imagination and creative thinking
- Building relationships and social skills
- Understanding emotions and developing empathy
- Boosting resilience and reducing anxiety
- Being able to adapt to change and the ability to be spontaneous



There are also some medical benefits for children who laugh often. Research shows that children who laugh regularly are less likely to suffer from depression and are more resistant to physical problems and illnesses.

Laughing:

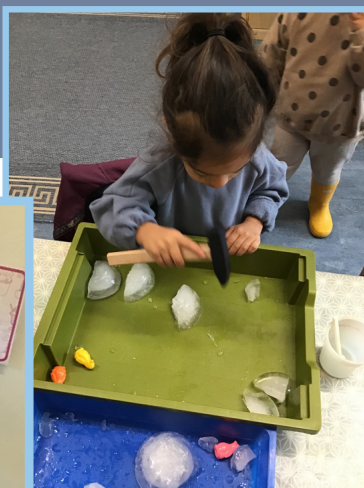
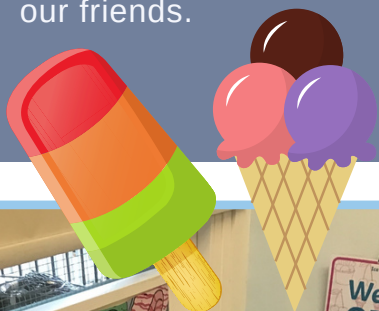
- Improves mental health
- Releases positive endorphins and triggers the part of the brain that improves mood
- Lowers blood pressure, reduces blood sugar levels and improves circulation
- Reduces heart and pulse rates
- Strengthens immunity against illnesses
- Helps to mask pain
- Aids digestion
- Improves sleep



CLASS 5 NEWS

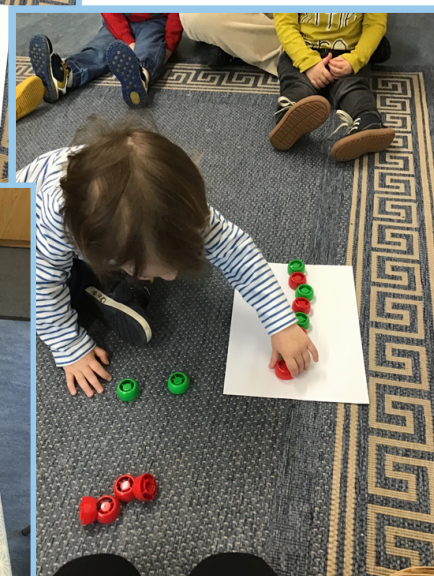
BY MISS DIANNE

This week Class 5 have really enjoyed using hammers to break the ice in our sensory trays and pouring porridge from one cup to the other. We have also converted our role play area into an ice cream shop and this week we have been learning to share ice cream and ice lollies with our friends.



IN MATHS...

this week we have been spotting different patterns on our clothes. During circle time we found spots, stripes, tiger and dinosaur patterns! We have also been making two colour repeated patterns with a variety of coloured counters and toys.



IN LITERACY...

we are still enjoying learning about the farm, and this week we tried to draw out favourite farm animal with felt – tip pens. We have also played the 'silly soup' and 'what's in the bag?' game to find objects beginning with letter 't'.

We are looking forward to lots more learning next week!