



The Weekly News

BROADHURST SCHOOL NEWSLETTER | 18 NOVEMBER 2022

DEAR PARENTS,

We have had another busy week at Broadhurst School. I hope you enjoy reading all about it.

NURSERY RHYME WEEK

This week, the children have immersed themselves in the world of nursery rhymes as we have celebrated World Nursery Rhyme Week. Throughout the school, we have heard the children chanting and learning new rhymes. I hope you have also taken the opportunity to share some nursery rhymes with your child at home. As we work to develop our children's language skills, the repeated refrains we find in many rhymes help to build these skills. We have also taken the opportunity for some wonderful creative activities linked to the nursery rhymes the children have been singing.



CHILDREN IN NEED



As I write, we are excited to celebrate Children In Need today. My thanks go to the parents who have volunteered to help with collecting our donations and selling our merchandise and cakes. We look forward to sharing more news about the day, next week.

ACT OF KINDNESS

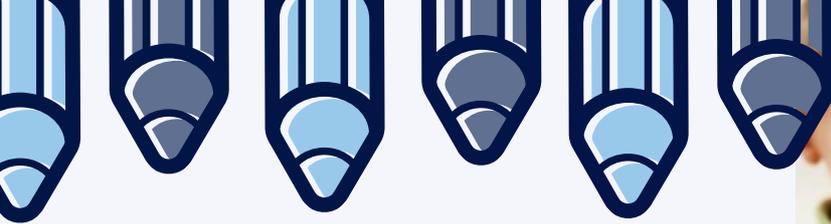
We would like to express our thanks to Kiara in Class 11 for her act of kindness this week. After discussing kindness in class, Kiara decided that she wanted to give every child in the school a biscuit which we thought was worthy of a special newsletter mention. Thank you Kiara for being so kind and thoughtful.

UPCOMING EVENTS

TUESDAY 6 DECEMBER 6:30PM
Festive Celebrations - Nursery Classes

WEDNESDAY 7 DECEMBER 6:30PM
Festive Celebrations - Pre-Nursery Classes

Mrs Sylvester



LET'S TALK ABOUT THE CURRICULUM

BY MRS ROBERTS

SELF REGULATION

Self-regulation is the ability to understand and manage your own feelings and behaviours. It is a key part of the Early Years curriculum and supports children to regulate their emotions. Young children often feel many big emotions and can become overwhelmed and upset. It is important for adults to work alongside children to support them to return to balance and move forward positively.

How can we support children with self-regulation?

Clear routines - routines help children to feel secure and independent. They can help provide security and therefore a safe place to manage different emotions.

Provide choices - encourage children to be active in their learning and everyday routines. Ask them to make choices and give them autonomy when appropriate.

Know when to step back - children sometimes need to make their own mistakes, when we over help or interfere it can block this process. When children bounce back after their mistakes they build resilience.



Model calmness - when children are struggling, remain calm and encourage children to express their feelings verbally.

Give verbal encouragement - praise and encourage children when they are overwhelmed.

Give achievable goals - children become frustrated when they encounter challenge, break down this process and give them smaller more achievable goals.

Expand emotional vocabulary- discuss emotions and label feelings enabling children to express themselves.

Finally, we are not born with the ability to self-regulate. It is a process that develops through nurturing environments and responsive adults. Have fun sharing your feelings and coping techniques.



CLASS 4 NEWS

BY MISS LUNA



This week we have been celebrating Nursery Rhyme Week and the children had so much fun taking part in the activities planned. They enjoyed singing Five Little Ducks whilst playing in the small world set up. We also explored and recognised different instrument sounds and played them alongside the story We're Going on a Bear Hunt.

The children loved to use their imagination and find the instruments to replicate sounds of the grass, river and mud. Finally, we spoke about seasonal changes. After naming some of the clothing items we need to wear during cold weather, the children crafted their own winter jumpers by using different tools and materials.



IN LITERACY...

The children enjoyed singing one of their favourite nursery rhymes Baa Baa Black Sheep. We then decorated a sheep by using different types of mark making. The children particularly enjoyed using pompoms and pegs dipped in paint and decorating their sheep by practising vertical movements.



IN MATHS...

This week the children have been practising counting to five and 1:1 correspondence. They enjoyed counting the play dough currant buns and singing the song Five Currant Buns as they took them away.



Class 4 wish you a lovely weekend and we look forward to more learning next week!